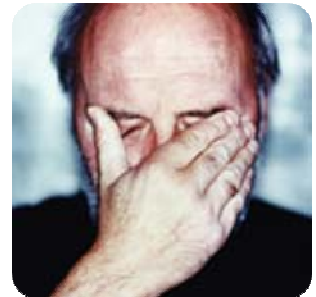


MICHIGAN PHYSICIANS GROUP

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Male Menopause (Andropause)

Menopause, the time in a woman's life of distinct hormonal changes, can be very stressful both on an emotional and physical level. However, just because a man in mid-life does not feel the dramatic changes a woman undergoes doesn't mean that he does not experience hormonal changes.



As men reach their 40s, most will start noticing physical and emotional changes:

- Abdominal fat often takes the place of formally hard muscle, even with regular physical exercise
- Eight hours of uninterrupted sleep are less frequent as nocturnal visits to the bathroom to urinate increase in frequency.
- The thick head of hair that once covered the head becomes gray and thinner.
- Every-other-night sex may turn into every-other-week sex as both interest and ability to perform decrease.
- Prostate size leading to benign prostatic hypertrophy,
- Fatigue and depression
- Muscle mass and strength, increase

It has been estimated by some researchers that today, as many as 25 million American men between 40 and 55 are experiencing signs and symptoms of andropause.

Talk to your Doctor a simple blood sample can be analyzed in a our lab to find out level of Testosterone